



Freedom

PHYSICAL THERAPY & SPORTS REHABILITATION

Freedom from Pain • Freedom to Live Life Fully

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Compassion
with High Integrity

Dear Patient:

Thank you for choosing Freedom Physical Therapy & Sports Rehabilitation to help you achieve freedom from pain and the freedom to live life more fully and functionally.

Strong
Communication
Skills

Enclosed in this packet are forms that need to be completed prior to your visit. They include patient and insurance information as well as patient policies. Please take time to fill them out completely as possible and bring them to your first visit along with your patient referral from your physician.

Orthopedic and
Musculofascial
Specialists

We are very conscientious of your valuable time, and make a strong effort to run on time with appointment schedules. The time spent during your initial visit (evaluation) is best utilized when the necessary paperwork is filled out prior to your arrival. To optimize your time during this very crucial appointment, we ask that you arrive 15 minutes early if your paperwork is already filled out. If you cannot complete the paperwork prior to your appointment please come to our office 25 minutes prior to your appointment time.

Certified Clinical
Instructor Facility
for PT & PTA
students

Please remember to bring valid ID, updated insurance card, as well as your physician referral slip with you to your first appointment.

Dedication to
Teaching and
Furthering
Professional
Education

We ask that you take time to contact your insurance carrier, workman's comp case adjuster, or MDCD/MDCR office prior to your visit to find out if they cover the services you'll be receiving in our facility. If your insurance company does not cover these services, or you are a self-pay patient then you are responsible for the fee at the time of service. Insurance billing is provided by Alaska Billing Services. Questions concerning your bill should be addressed directly to Alaska Billing Services, contact by phone toll free at 888-783-1777. We encourage you to be fully aware and educated about your insurance coverage and your responsibility to pay any remaining fees.

If you are unable to keep your appointment, please call us 24 hours in advance of appointment.

We look forward to meeting you and helping you to achieve freedom from pain and freedom to live life fully.

Freedom Physical Therapy Staff

Highly Trained and Specializing in:

Complex Pain and Movement Disorders • Sports and Work-related injuries (e.g., sprains, strains, fractures) • Pain and functional limitations in the neck, extremities and back • Balance problems with increased fall potential
Rehabilitation before and after surgery (e.g., extremities, neck, back) • Research preferred Manual Techniques and Customized Therapeutic Exercises • Total Joint Replacements (knee, hip, shoulder & disc)
Communication that unclutters and demystifies medical language • State-of-the-art equipment (e.g., Sports & Balance, Class 2 Erchonia® & Class 4 LightForce® lasers)